

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Don't forget to get your tickets for our Summer Lunch Special event held on Saturday, June 10 at Tuttle Senior Center. For more information please pick up a flyer or speak to one of our staff at one of our lunch sites.</p> </div>				
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			Orange Juice Chicken Teriyaki Thighs Brown Rice Cut Corn Marinated Tomato Pineapple Tidbits	Minestrone Soup Baked Ziti Casserole Normandy Vegetables Fresh Banana Garlic Bread
5	6	7	8	9
Grape Juice Pork Stir Fry Brown Rice Chinese Noodles Fresh Kale Salad w/ Cranberries Oatmeal Cookie	Cabbage Roll Mashed Potato Sliced Carrots Beet Salad Melon Medley Whole Grain Bread	Cream of Broccoli Soup Crackers Greek Chicken Salad Fresh Orange Whole Grain Roll	Baked Fish w/ Lemon Fresh Sweet Potato French Style Green Beans Coleslaw w/ Pineapple Banana Whole Grain Bread	Apple Juice Chicken Tostada OR Chicken Enchilada Casserole Black Beans* Lettuce/Tomato Fruit Cocktail
12	13	14	15	16
Pineapple Juice Beef Hamburger OR Sloppy Joe Baked Sweet Potato fries Sliced Tomatoes/Lettuce Pears Whole Grain Bun	Orance Chicken Broccoli & Cauliflower Black Eyed Pea Salad* Apple Garlic Bread	Cream of Pumpkin Soup Grape Juice Spinach Quiche Steamed Carrots Beet Salad Banana Whole Grain Roll	Apple Juice Roast Pork w/ Apricot Sauce Baked Butternut Squash Peas Green Salad Ice Cream Whole Grain Bread	Vegetable Soup Crackers Tuna Salad with Tomatoes & Bell Pepper Strips Fresh Fruit in Season Whole Grain Dinner Roll Father's Day Lunch
19	20	21	22	23
Chicken Vegetable Soup Vegetarian Lasagna Brussels Sprouts Fresh Orange Garlic Bread	Grape Juice Sliced Roast Beef with Gravy* Mashed Potato French Cut Green Beans Coleslaw Brownie Whole Grain Roll	Pork Tenderlion w/ Stuffing & Gravy* OR Stuffed Pork Chop Normandy Vegetables Bean Salad * Pineapple Chunks	Tomato Bisque Soup Grilled Chicken Salad with Shredded Carrots, Chopped Cucumber, and Diced Tomatoes Mandarian Oranges Whole Grain Roll	Turkey Chili Fresh Sweet Potato Steamed Zucchini Tossed Green Salad Rasberry Vinaigrette Watermelon Cubes OR Apple Corn Bread
26	27	28	29	30
Pineapple Juice Shepard's Pie Steamed Carrots Green Salad w/ Tomato Wedges Birthday Cake Whole Grain Roll	Vegetable Soup Spinach Quiche Baked Butternut Squash Orange Whole Grain Roll	Grape Juice Chicken Parmesan Whole Grain Noodle Peas & Onions Caesar Salad Peaches Garlic Bread	Turkey Burger on a Whole Grain Bun OR Stuffed Turkey Peppers Garlic Red Potatoes Tomato Banana	Lentil Soup Baked Salmon with Mango Salsa Barley Pilaf San Francisco Vegetables Beet Salad Canned Pears Whole Grain Bread

☺ Milk Served with every meal ☺

◆ Menu Subject to Change Without Notice ◆

■ denotes Choice Day

■ denotes Special Day

*denotes Low Sodium

Meals served at 11:15 a.m. at the following locations:

Joslyn Adult Center
1301 W. Olive Ave.
818.238.5357

McCambirdge Recreation Center
1515 N Glenoaks Blvd
818.238.5365

Tuttle Center
1731 N Ontario St
818.238.5367